

## **Personal, social, health and economic education (PSHE)**

We believe that Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. Our approach to PSHE draws on good practice, and closely follows government guidelines on best practice.

PSHE is a non-statutory subject which we choose to teach because we think it is important, and we match our approach to our understanding the needs of their pupils. We particularly ensure that we equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions, and meet the statutory government guidance for our taught age groups concerning: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

## **Sex and relationship education**

Sex and relationship education (SRE) is an important part of PSHE education and is statutory in maintained secondary schools.

When any school provides SRE they must have regard to the Secretary of State's guidance ; this is a statutory duty.

At Oakington C of E Primary School we follow the **Cambridgeshire Personal Development Programme** and further details about this are available from school.