



Oakington Primary School

BETTER BY



Sports Day on Wheels!

This year's "House Cycling" event will take place on Monday 30th October - that's the first Monday back after half term. We hope lots of children will be able to stay after school to enjoy a variety of races and challenges, from "Swervin' Mervin" to the Slow Race! It's great fun with a bit of friendly competition, and if you can't ride a bike, come on your scooter, stabilisers or balance bike.

Look out for the letter - to participate, you need to return the form. Grown-up marshals are also needed - if you can help 3 - 4:30pm on that day, do let us know on the form, and come and join the fun!

Pedal for housepoints, plod for housepoints!

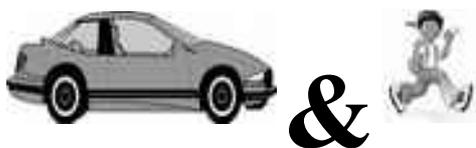
It's good to get to school by healthy, sustainable ways of travelling at any time of the year - and lots of people already do. But the week of 13th - 17th

November is going to be a special **Active Travel Week**. You earn a housepoint for every day in that week you bike, scoot, walk or (if you live outside Oakington) park & stride. And there will be a small prize for everyone who takes part.



What's "Park & Stride"?

Park & Stride is for anyone who lives outside Oakington and comes to school by car. Park at the pavilion car park in Queensway and "stride" round the corner to school. It cuts congestion on the roads near school, and gives you a few minutes of fresh air and exercise! We encourage everyone who has to drive to school from outside the village to Park & Stride whenever they can.



So, get out your umbrella and woolly gloves, and look out for the Active Travel record card which will be given out after half term.

DATES FOR YOUR DIARY

30 Oct	House Cycling
13 - 17 Nov	Active Travel Week

Better by BIKE FOOT PARK & STRIDE