



Oakington Primary School

BETTER BY

Bike It to Banish Muddy Shoes!

On Wednesday 7th June there will be a sponsored cycle ride to raise money towards an all-weather play surface (astroturf) around the trim trail, so it can be used in the poorer weather.

The children will be cycling, a class at a time, round the school field (or playground for the youngest ones) for about half an hour during the school afternoon. (If your child really can't cycle even with stabilisers or a balance bike, then they can bring or borrow a scooter.) Some pool bikes will be available but if they can bring their own bike that would be best.

Some children will manage a lot of laps, for others it will be a challenge just to ride a few! But either way, please encourage them by asking friends and relatives to sponsor them. The forms should be coming out in book bags before half term.



June is Lucky Bike Month

If you cycle to school, you might be in for a surprise during June! Each week, Lucky Bike coloured envelopes will mysteriously appear on randomly selected bikes in the cycle shelters. Open it to find your prize! The more often you cycle, the more chance you have of being the owner of the Lucky Bike!



Year 6 Ride to IVC

Later on this term there will be an after-school bike ride to IVC for the Year 6s, highlighting how to keep safe on the route and explaining what to do with your bike once you get to the college. Not all Oakington children get a bus pass, but even those that do might sometimes want to cycle, eg. so they can attend a club before or after school. Watch out for a letter later in the term.



Big Pedal Success!

Well done to all who joined in the Big Pedal and collected stamps on your house cards at the end of last term. As you will have seen from the 'racetrack' in the entrance hall, Phoenix were the undisputed winners, whizzing ahead of the other houses. But the school as a whole did really well, finishing 26th in our category nationally!

Better by BIKE FOOT PARK & STRIDE

Skillful Cycling

Thank you for bringing in your child's bike at the end of March for the cycle training sessions, and special thanks to the parents who helped run the day. We were really impressed with how well the children did - even the younger ones managed a lot of the skills we practised:

- "Pedal ready" - sitting with left foot on the ground, right at 10 o'clock, able to support yourself, ready to push down strongly.
- Braking with both hands to stop
- Controlling bike to turn corners or do a slalom
- Mounting and dismounting
- Looking behind you before you set off
- Looking around you while riding
- Hand signals left and right

PLEASE NOTE: no bike club on 25th May

Keep the Law in Water Lane

The zigzags, double yellow lines and 20 mph speed limit (during school drop-off and pick-up times) are helping to make Water Lane a safer place for children to come to school and pre-school. If you park near school, please do so legally and considerately!



How to get in touch...

Talk to Mrs Moss, Mr Mansell, or e-mail bikeit@oakingtonschool.org.uk.

Two Top Tips for Learner Cyclists

If your child seems ready to learn to cycle this summer, here are two things we've found at school really help:



- lower the saddle so their feet are flat on the ground. Get them to "scoot" the bike, one foot at a time then both feet at once. You could remove the pedals if they need to practise this stage.
- when they can balance a bit and are ready to try pedalling, pack them a backpack full of favourite, light, soft toys and put it on tightly, so you can hold them securely but let go without them knowing!

Get Pedalling This Summer!

This is the perfect time of year to plan some cycling adventures. We are lucky in Oakington to have the busway - miles of excellent, traffic-free path, perfect for children. Go south 3 miles to the playground at Impington. North, 5 miles gets you to Fen Drayton Lakes, ideal for a picnic or enjoying nature. If you are all feeling more energetic, St Ives is only another couple of miles further on!

DATES FOR YOUR DIARY

Thur 18 May	Last Bike Club this school year
22-25 May	Bikeability 2 for Y5 and some Y6
Wed 7 June	Sponsored cycle round the field
June	Lucky Bike month!
TBA	IVC ride

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